

# ST LEONARDS MENU Week Commencing 11<sup>th</sup> June 2018



St Leonards  
St Andrews, Fife

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>						
Boiled Eggs & Baked Beans Fresh Fruit - on request	Continental Breakfast Fresh Fruit - on request	Croissant Fresh Fruit - on request	Scrambled Eggs with Mushrooms Fresh Fruit - on request Yoghurt Selection Toast Selection	Bacon & Bagel Fresh Fruit on Request	Pancakes & maple syrup Fresh Fruit on Request	Croissants Fresh Fruit on Request
Porridge , Birchers Muesli, Cornflake, Coco Pops, Muesli, Weetabix, Frosties, Krispies Fruit Juice Selection, Tea, Coffee, Hot Chocolate Preserves, Chocolate Spread, Cream Cheese						
Break: <b>Yum yum</b>	<b>Bakewell tart</b>	<b>Cookies</b>	<b>Lemon sensation</b>	<b>Banana bread</b>		
<b>LUNCH</b>						
Vegetarian Soup Vegetable soup Seniors Main Chicken Curry	Vegetarian Soup Potato & Leek Seniors Main Hound Dogs Premium Butcher Frankfurters	Vegetarian Soup Lentil Seniors Main Pasta Bolognaise	Vegetarian Soup Truly Tomato Seniors Main Traditional Steak Pie	Vegetarian Soup Cauliflower & cheddar Seniors Main Breaded Haddock	Vegetarian Soup Chicken Soup Seniors Main Traditional Lasagne	Vegetarian Soup Chefs Choice Seniors Main SUNDAY BRUNCH
Vegetarian Main Butternut Squash, tomato & coconut chickpeas Potato	Vegetarian Main Veggie Dog Potato	Vegetarian Main Mushroom Carbonara Potato	Vegetarian Main Indian Sweet Potato & Dhal Pie Potato	Vegetarian Main Caramelised Red Onion & Goats Cheese Tart Potato	Vegetarian Main Butternut squash risotto Potato	Vegetarian Main SUNDAY BRUNCH Potato
Steamed Rice Cauliflower	Skinny Fries Crispy Onions Cabbage Slaw	Garlic Bread Broccoli	Boiled Potatoes Carrots	Chipped Potatoes Baked Beans Garden Peas	Tossed salad Spinach & Carrots Herb diced potatoes	SUNDAY BRUNCH
Hot Dessert Toffee Banana & apples Vanilla Sauce	Hot Dessert Summer bread & butter Custard	Hot Dessert Chocolate Sponge Chocolate Sauce	Hot Dessert Fruit Crumble Custard	Hot Dessert Spiced rice pudding	Hot Dessert Chef Choice	Hot Dessert Chefs Choice
Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter	Cold Dessert Yoghurt Pot Fruit Platter
<b>EVENING MEAL</b>						
Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice	Vegetarian Soup Chefs Choice
Seniors Main Italian Style Meatballs	Seniors Main Chicken Goujons	Seniors Main Teriyaki Salmon Fillets	Seniors Main Pasta Bar Spaghetti	Seniors Main Marinated Chicken Thigh	Seniors Main BBQ Pulled Pork	Seniors Main Sticky Beef
Vegetarian Main Smoked Cheese Potato Cakes	Vegetarian Main Courgette & Potato fritters Taziki dressing	Vegetarian Main Sweet & sour vegetables	Vegetarian Main Pasta Bar Ravioli	Vegetarian Main Roast Vegetable Lasagne	Vegetarian Main Vegetable Quesadilla	Vegetarian Main Sweet Chilli Vegetables
Sides Roast Vegetable Cous Cous Tossed salad	Sides Tossed salad Potato wedges Coleslaw	Sides Steamed Rice Green beans Salad Bar	Sides Garlic Ciabatta Salad Bar Selection of sauces and toppings	Sides Potato Dauphinoise Medley of greens Salad Bar	Sides Pitta bread Cabbage Slaw Sweet Potato fries	Sides Prawn Crackers Egg Fried Rice Spring Rolls
Dessert Fruit Salad	Dessert Crispy cake	Dessert Jelly	Dessert Cheese & Biscuits	Dessert Banoffee Pots	Dessert Chefs Choice	Dessert Chefs Choice



**Note to all Parents/Students :** The catering team are aware of all student's individual dietary requirements and we urge all students to please ask the catering staff if they are unsure of options available to them.  
If a main dish contains any items which they are allergic to an alternative will have been prepared for them by the chef.